



4th Annual Opioid Abuse and Heroin Overdose Solutions Summit: Innovative Collaboration for Change

May 16, 2019



GREATER DETROIT AREA HEALTH COUNCIL



DETROIT WAYNE MENTAL HEALTH AUTHORITY
Your Link to Integrated Healthcare

Presenting Sponsor:



ST. MARY MERCY
LIVONIA

SAINT JOSEPH MERCY HEALTH SYSTEM

8:30-8:38

Welcome

8:38-8:40

Presenting Sponsor, St. Mary Mercy Livonia, Dave Spivey, President & CEO

8:40 – 8:50

A Call to Action: Mona Abdallah-Hijazi, MBA/MHA, Community Engagement Manager, ACCESS

8:50– 9:50

Michigan Automated Prescription System: Information and Updates

Amber Daniels, Department Analyst, Michigan Department of Licensing and Regulatory Affairs

Anjali Franco, Data Scientist, Appriss

Andrew Hudson, Manager, Pharmacy and Drug Monitoring Section, Bureau of Professional Licensing

Kristine Whalen, PhD, Data Scientist, Appriss

Haley Winans, Senior Analyst, Michigan Department of Licensing and Regulatory Affairs

Summary:

- Understand the purpose and uses of the Michigan Automated Prescription System.
- Review of NarxCare Reports as a tool for prescribers to utilize in everyday workflow.
- Gain insight on trends and patterns of Michigan's usage of opioids and other controlled substances.

9:50 - 10:20

Emerging Drug Threats Impacting the U.S. and State of Michigan – Ray Ollie, Deputy Director, Michigan HIDTA

Summary:

Ray Ollie will provide an overview of current and emerging drug threats, including the rise of stimulants and synthetics, that are affecting our communities. Participants will learn about the ways in which HIDTA tracks and addresses the current and evolving epidemic.

Break 10:20 – 10:35

10:35 – 10:40

A Personal Story — Andrew (Andy) Hopson, Northwest Wayne Families Against Narcotics

10:40 – 11:40

Prevention and Support for Our Youth and Families

Dr. Grenae Dudley, President and CEO, The Youth Connection

Akil Eckford, Drug Free Club Coordinator, Black Caucus Foundation of Michigan

Zahraa Dabaja, ACCESS Substance Abuse Program (ASAP) Community Coalition Youth Group President, Dearborn High School

Lauren Rousseau, Professor of Law, Western Michigan University Cooley Law School; President of Northwest Wayne Families Against Narcotics

Summary:

- Discuss the co-occurrence of opioids and marijuana
- Identify how youth have access to opioids and other prescription pills and how family dynamics and social influence affect youth behavior and decision-making.
- Identify the importance of involving youth in education and prevention efforts, as well as providing education and support to family members of addicted loved ones.
- Describe what resources are available in schools and to families through educational forums, support groups, recovery housing, etc.
- Explore the use and ramifications of school suspensions.



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11:40 – 12:00 ***New Licensing Rules for Substance Use Disorder*** – Noah Smith, Partner, Capitol Services

Summary:

- Brief synopsis of the politics surrounding the change in SUD licensing rules
- An understanding of the various interests involved in working hard to change the most onerous of the policy changes
- An understanding of the events that occurred in the passage of the new regulations
- A discussion of real problems participants are facing as a result of changes.
- Likely next steps for additional modifications under a new Administration

12:00– 12:10 ***Collin Rose Award Presentation***

Lunch 12:10-12:55

12:55 – 1:10 ***Federal Efforts to Counter the Opioid Overdose Epidemic*** —Douglas S. O'Brien, Regional Director, U.S. Department of Health and Human Services

Summary:

HHS has a comprehensive strategy to empower local communities on the frontlines of the opioid epidemic, which has become one of the Department's top priorities. HHS has launched a 5-point Opioid Strategy which works to improve access to prevention, treatment, and recovery support services, strengthens timely public health data and reporting, advances the practice of pain management, targets availability and distribution of overdose-reversing drugs, and supports cutting-edge research. Through Regional Director's presentation, participants will learn:

- How HHS is funding over \$700 million dollars in targeted grants to support access to treatment, prevention, and recovery.
- How HHS is improving the understanding of the crisis by supporting more timely, specific public health data and reporting.
- How HHS is working to ensure payments, prescribing guidelines, and more—promotes healthy, evidence-based methods of pain management.

1:10 – 1:35 ***Update on CLIMB Progress—Treating OUD as a Chronic Illness***—Dr. William Beecroft, Medical Director Behavioral Health, Blue Care Network of Michigan

Summary:

Dr. William Beecroft will introduce Blue Cross Blue Shield of Michigan's CLIMB Program which develops a personalized treatment plan to utilize Medication Assisted Treatment, primary care, sober coaches, a therapist and a psychiatrist who can treat additional behavioral health issues. Through his presentation, Dr. Beecroft will:

- Introduce the CLIMB project and importance of a multifaceted approach to care.
- Provide and explore six months results of the CLIMB pilot program.
- Identify and outline barriers as well as introduce solutions that were developed in response.
- Discuss the future of Emergency Department usage of MAT for Substance Use Disorder treatment



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1:35 – 2:35

How Doctors and Pharmacists are Changing their Practice and Providing Whole Person Care

Ghada Abdallah, RPh, Beaumont Hospital, Clinical Pharmacist, Board Member, DWMHA

Dr. Barika Butler, Chief Medical Officer, Detroit Wayne Mental Health Authority

Dr. Abdulhassan Saad, FACP, Patient First Medical Clinic PLLC

Summary:

The clinical panel will delve into the role of medical providers in SUD treatment, exploring primary care, the pharmacist's roll, and collaborations with community organizations to provide whole-person care.

Dr. Butler, Dr. Saad and Dr. Abdallah will address the following topics:

- Outline the importance of individuality when customizing treatment plans, exploring alternatives to pain patients, and addressing mental and physical health.
- Explore the benefits of counseling and peer recovery to outpatient care.
- Address the stigma in health care settings and how each person who makes contact with a patient can set the tone for a person's recovery.
- Understand what naloxone is and the forms in which it is available, including Michigan's state-wide standing order. Understand why and how naloxone fits in with healthcare strategies to combat the opioid epidemic.

Break 2:35 – 2:50

2:50 - 2:55

A Personal Story — April Meadows, Certified Peer Recovery Coach

2:55 – 4:05

The Power of Peer Coaches—Making a Difference in a Variety of Settings

Chris O'Droski, MA, CPRM, CPRC, ENGAGE! Program Coordinator, Hegira Programs, Inc.

Timothy Tout, MI-REP Peer Recovery Coach, Personalized Nursing LIGHT House, Inc.

Lindsey Naeyaert, MPH, CHCEF, Associate Director of Integrated Health, MPCA

Sandy Arnold, CPPS, CPRM, CPRC, Recovery Coach/Relapse Prevention Specialist, Detroit Recovery Project

Summary:

Peer Recovery programs are being utilized in a variety of locations, including community organizations, hospitals, correctional facilities, and primary care offices. Programs have evolved over time to address the needs of today's patients. The panel will share important considerations and models for this growing treatment effort.

- Explain how Peer Recovery Coaches can help in the addiction treatment and recovery field in hospital, correctional, and primary care settings, including workflow processes.
- Describe the various mutual aid groups for addiction recovery including SMART Recovery, Alcoholics Anonymous and Refuge Recovery.
- Provide details on the training of Peer Recovery Coaches, qualities of a great Peer Coach, and importance of Peer Coach health and maintenance.

4:00 – 4:20

State Pilot Programs- Darlene Owens, Director of Substance Use Disorder Initiatives, DWMHA

Summary:

Darlene Owens will explore the various strategies and initiatives that have been developed in response to the opioid and heroin epidemic. Through State Target Response (STR) and State Opioid Response (SOR) Programs, DWMHA is reaching out in a variety of settings, providing prevention and treatment to help those in need. The crisis has required all who are involved to become innovative, to collaborate, and find new ways to provide hope and care. Participants will gain knowledge of the new programs under each umbrella.

- State Target Response (STR) Programs
- State Opioid Response (SOR) Programs
- Complementary and Alternative Medicine
- Innovative Strategies Initiatives

4:20 – 4:30

Conclusion